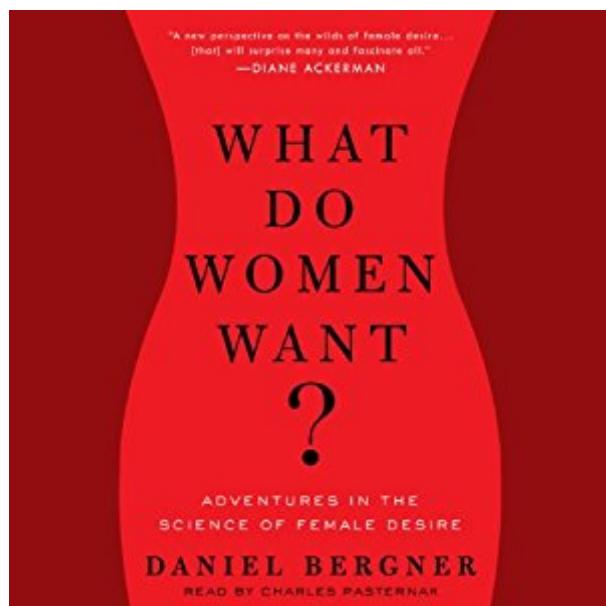


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# What Do Women Want?: Adventures In The Science Of Female Desire



## Synopsis

When it comes to sex, common wisdom holds that men roam while women crave closeness and commitment. But in this provocative, headline-making book, Daniel Bergner turns everything we thought we knew about women's arousal and desire inside out. Drawing on extensive research and interviews with renowned behavioral scientists, sexologists, psychologists, and everyday women, he forces us to reconsider long-held notions about female sexuality. This bold and captivating journey into the world of female desire explores answers to such thought-provoking questions as: Are women perhaps the less monogamous sex? What effect do intimacy and emotional connection really have on lust? What is the role of narcissism - the desire to be desired - in female sexuality? Are political gains for women ("No means no") detrimental in the bedroom? And is the hunt for a "female Viagra" anything but a search for the cure for monogamy? Bergner goes behind the scenes of some of the most groundbreaking experiments on sexuality today and confronts us with controversial, sometimes uncomfortable findings. Incendiary, profoundly insightful, and brilliantly illuminating, *What Do Women Want?* will change the conversation about women and sex, and is sure to spark dynamic discussion for years to come.

## Book Information

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in Books > Audible Audiobooks > Health, Mind & Body > Health

## Customer Reviews

Think what he's got to say is important, but...after reading the book am left with the impression that it could be condensed down to a short newspaper article, or perhaps a few paragraphs...The gist of it as I gather: 1. our collective social story that women's sexual/arousal wiring is very different, if not

opposite to that of men (i.e. their sexuality is emotional/security/relationship based, not promiscuous, not visual, etc.) is belied by the research (of involuntary chemical and anatomical reaction to stimuli...);2. and, that women's sexual arousal is in large measure driven by observation of men's uncontrolled arousal with themselves as object -- what turns them on more than anything is observing how a man finds them so attractive that he loses control of himself (no news here...)3. and, that the social programming is so strong that many women are not consciously aware (i.e. have repressed...) of the underlying basis of their own emotional and sexual arousal. Read the cliff notes...

Quite simply a very good book on female sexuality and desire. I'd recommend it to anyone interested in such things. The parts touching on the psychopharmacology of the new "female desire enhancing" drugs now ready to hit the market was of particular interest to me.

Fascinating read, and timely, since I finished it about a week before my ex asked for a divorce. Oh well. Perhaps I'm better prepared for the future.

Very interesting book. Listened to it on Audible and decided to get the Kindle so have a reference to refer to.

This book provided great insight into the new approaches towards and ideas about understanding female sexuality, and left me with some intriguing questions to ask myself and my female friends. As a heterosexual male I gained a great deal of appreciation toward the complexities of female sexuality and I believe this will help me be a better friend, partner and man.

It's a pretty interesting book. Not sexual, and I had to look up some word meanings. It seems to give an unbiased look into female sexuality, what turns them on involuntarily... It's not been done or presented this way before, and I found it fascinating. It should have been written many years ago. It dispels many myths that "mom" probably told them along with the same "myths" from religion.

There are a few surprises in this book. Sexuality is complex yet essential to the development and maintenance of relationships. People are still embarrassed to talk openly about sexuality. This book does it anyway. And reveals truths about behavior that are too important to ignore.

Everyone should read this book!

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